



WORKFORCE WIRE

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HOT OFF THE WIRE

The past two years have been challenging to say the least. The global health pandemic changed the way we performed our jobs and lived our lives. Adapting to change is not easy, making it even more important to acquire and hone quality coping skills. Personal wellbeing is a necessity in 2022.

Mental Health Awareness Month is observed in May and Miami-Dade County Public Schools remains committed to providing you with helpful resources all year round. The Employee Assistance Program provides you and your immediate family members with confidential services for those facing concerns at home, work or in their social life. The District also offers a variety of Employee Mental Health Resources that highlight available benefits and promote a healthy work environment.

For additional information, visit <http://yourmentalhealth.dadeschools.net/#/>.

iLead

“iLead with the premise that, much like a team, there’s no ‘i’ in leader – leading with integrity through innovation, collaboration, positivity, accountability, respect, clear communication, and empowerment to translate vision into reality.”

— Sally J. Alayon
Assistant Superintendent
Department of Mental Health Services

BODY & MIND

Tired of the same old lettuce and kale salads? Mix up your greens intake with a side of bok choy. Just a cup of this East Asian cuisine staple contains 35% of your daily recommended Vitamin C. Try [this](#) low-calorie, gluten-free recipe or [this](#) 30-minute, high-fiber vegetarian stir-fry.

Happy Asian American and Pacific Islander Heritage Month!



- Wishing our Haitian and Haitian-American employees a festive **Haitian Heritage Month!**
- The **Principal and Assistant Principal of the Year** award ceremony will take place May 4 at 6 p.m. Watch [here](#).
- All Miami public schools, region, district offices will be closed Monday, May 30 in observance of **Memorial Day**.

ABOVE & BEYOND



Karen Floyd-Rozier is a Lead Security Guard at Golden Glades Elementary. She ensures that all students, staff, parents and visitors feel safe while at the school site. Ms. Rozier’s growth mindset pushes her beyond her duties, coaching the cheerleading and step teams, working the Saturday School program, sponsoring staff lunches and preparing gift baskets to honor students’ achievements.

AFSCME Support Personnel of the Year

Miami-Dade County Public Schools (M-DCPS) and the American Federation of State, County and Municipal Employees (AFSCME) recently honored the finalists for the 2021-2022 outstanding Support Personnel of the Year.

JESUS LOPEZ, a head custodian at the English Center, an M-DCPS Adult Education Center, was named the AFSCME Support Personnel of the Year.

Also honored were: **GEORGE NIEVES**, Security Specialist, Robert Morgan Ed Center, General Services finalist. **SAUNDRA GAUSE**, Field Operations Specialist, N.E. Transportation Center, Transportation finalist. **KIMBERLY BAILEY**, Food Service Manager III, Miami Beach SHS, Food and Nutrition finalist. **LYDIA SPRAUVE**, Foreperson-Work Order Clerk, Maintenance Service Center 3, Maintenance Operations finalist.

Congratulations to all!



CAPping the Year Off

College Assistance Program (CAP) Advisors are devoted to the continuation of their students' success in post-secondary education. They assist in finding and applying to scholarships, grants and colleges that best fit their students' needs and aspirations. As critical members of a high school's roster, CAP Advisors work earnestly to motivate and prepare their students through an otherwise insurmountable process. As the school year comes to a close, M-DCPS thanks CAP Advisors for their commitment and dedication to our students' futures.

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